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ESC Heart & Brain Workshop



Novel Oral Anticoagulants Should Replace Warfarin in All Patients with Atrial **Fibrillation: Pro**

Medtronic

Further, Together

John Camm

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Declaration of Interest

<u>Chairman:</u> ESC Guidelines on Atrial Fibrillation, 2010 and Update, 2012; ACC/AHA/ESC Guidelines on VAs and SCD; 2006; NICE Guidelines on ACS and NSTEMI, 2012; NICE Guidelines on Heart Failure, 2008; <u>Member</u>: NICE Guidelines on AF, 2006; ESC VA and SCD Guidelines, 2015; <u>Reviewer</u>: AHA/ACC/HRS Guidelines on AF, 2014; ACC/AHA/HRS SVT Guidelines, 2015; ESC AF Guidelines, 2016.

<u>Steering Committees:</u> multiple trials involving antiarrhythmic agents, heart failure drugs and novel anticoagulants.

DSMBs: multiple trials of devices and drugs.

Events Committees: one trial of novel oral anticoagulants and multiple trials of miscellaneous agents with CV adverse effects.

Editorial Role: Editor-in-Chief, European Heart Journal– Case Reports and Clinical Cardiology; Editor, European Textbook of Cardiology, European Heart Journal, Electrophysiology of the Heart, and Evidence Based Cardiology.

<u>Consultant/Advisor/Speaker</u>: Astellas, Astra Zeneca, ChanRX, Gilead, Laguna, Incarda, Merck, Menarini, Milestone, Otsuka, Sanofi, Servier, Xention, Bayer, Boehringer Ingelheim, Bristol-Myers Squibb, Daiichi Sankyo, Pfizer, Boston Scientific, Biotronik, Medtronic, Sorin, St. Jude Medical, Actelion, GlaxoSmithKline, InfoBionic, Incarda, Johnson and Johnson, Mitsubishi, Novartis, Takeda



The Motion Not now necessarily, but eventually Not just FXals and DTIs Novel Oral Anticoagulants should **Replace Warfarin in All Patients with Atrial Fibrillation** A gift to my opponent a very high bar, but.....



NOAC 4-trial Meta-analysis Full Dose

Pre-specified meta-analysis of all 71,683 patients

Trial		Stroke and Syster Embolism	nic	p Major Bleeding		р	
RE-LY				0.0001	-		0.34
ROCKET-AF			•	0.12	-	-	0.72
ARISTOTLE				0.012			<0.0001
ENGAGE TIMI 48*			•	0.10			0.0002
Combined		-0.81		<0.0001	0.86		0.06
	0.5	Favours DOAC	l	0.5	Favours DOAC	1	1

Stroke

Ruff C, et al. Lancet 2013

Efficacy vs Safety NOAC 4-trial Meta-analysis Full Dose

Result	Pooled DOAC	Pooled Warfarin	Risk Ratio	Risk 95% CIs Ratio	p	Hazard Patios	
	Events /Total	Events /Total					
Efficacy							
Ischaemic Stroke	665/29292	724/29221	0.92	0.83-1.02	0.10		
Hemorrhagic stroke	130/29292	263/29221	0.49	0.38-0.64	<0.0001		
Myocardial Infarction	413/29292	432/29221	0.97	0.78-1.20	0.97		
All Cause mortality	2022/29292	2245/29221	0.90	0.851- 0.95	0.0003		
Safety							
Intra-cranial hemorrhage	204/29287	425/29211	0.48	0.39-0.59	<0.0001		
Gastrointestinal bleeding	751/29287	591/29211	1.25	1.01-1.55	0.043		
						0.25 Favours NOAC	

Ruff C, et al. Lancet 2014 Mar 15;383(9921):955-62.

Dabigatran: Favourable Benefit-Fisk Profile

FDA study of >134 000 Medicare patients

Dabigatran was associated with a lower risk of ischaemic stroke, intracranial haemorrhage and death than warfarin

	Inciden per 1000 pe	Adjusted HR	
	Dabigatran etexilate	Warfarin	(95% CI)
Ischaemic stroke	11.3	13.9	0.80 (0.67–0.96)
Intracranial haemorrhage	3.3	9.6	0.34 (0.26–0.46)
Major GI bleeding	34.2	26.5	1.28 (1.14–1.44)
Acute MI	15.7	16.9	0.92 (0.78–1.08)
Mortality	32.6	37.8	0.86 (0.77–0.96)

Comparison of matched new-user cohorts treated with dabigatran etexilate 150 mg or 75 mg* or warfarin for non-valvular AF based on 2010–2012 Medicare data *Primary findings are based on analysis of both doses (no stratification by dose)



Graham DJ, et al. Circulation. 2014 Oct 30. pii: CIRCULATIONAHA.114.012061



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Results of Cost-effectiveness Model Atrial Fibrillation

Estimated costs and outcomes	Warfarin (INR 2– 3): mean (95% CI)	Apixaban (5 mg bd): mean (95% Cl)	Dabigatran (150 mg bd): mean (95% Cl)	Edoxaban (60 mg od): mean (95% CI)	Rivaroxaban (20 mg od): mean (95% Cl)
Expected total costs (£)	24,418 (12,189 to 50,365)	23,340 (12,842 to 45,753)	23,064 (12,674 to 46,075)	23,985 (13,098 to 46,319)	24,841 (13,198 to 47,603)
Expected QALYs	5.166 (3.629 to 6.541)	5.488 (3.841 to 6.795)	5.416 (3.817 to 6.701)	5.405 (3.819 to 6.678)	5.451 (3.824 to 6.797)
Expected incremental total costs (£)	(– to –)	—1078 (–7626 to 2568)	-1354 (-8049 to 2273)	-433.4 (-6430 to 3619)	422.5 (–4730 to 5104)
Incremental expected QALYs	(– to –)	0.3227 (-0.0148 to 0.814)	0.2505 (-0.0803 to 0.702)	0.2389 (-0.112 to 0.684)	0.2851 (-0.0681 to 0.809)
Incremental expected net benefit (£20,000)	(– to –)	7533 (489.9 to 18,228)	6365 (–167.7 to 17,039)	5212 (–893.8 to 14,826)	5279 (–1097 to 15,180)



Sterne J, et al. Health Technology Assessment, No. 21.9 NIHR Journals Library; 2017 Mar

NOACs: Cost Effectiveness Acceptability Curves Network Meta-analysis



Counci

José A López-López et al. BMJ 2017;359:bmj.j5058

INVICTUS Programme

<u>INV</u>est<u>I</u>gation of Rheumati<u>C</u> a<u>T</u>rial Fibrillation Treatment <u>U</u>sing Vitamin K Antagonists, Rivaroxaban or Aspirin <u>S</u>tudies

• INVICTUS registry (17,000 patients)

- Registry of patients with RVHD
- Continuation and expansion of the 3000 patient REMEDY registry^{1,2}

• INVICTUS non-inferiority randomized clinical trial (4500 patients)

- Rivaroxaban 20 mg (15 mg) vs vitamin K antagonist (VKA)
- Patients with RVHD and AF (mitral stenosis or CHA2DS2-VASc ≥2) NCT02832544

• INVICTUS superiority randomized clinical trial (2000 patients)

- Rivaroxaban 15 mg vs Aspirin
- Patients with RVHD and AF but unsuitable for VKA therapy
- OR patients with RVHD in sinus rhythm at high risk of stroke NCT02832531



1. Karthikeyan G et al. Am Heart J. 2012;163:535-40. 2. Zühlke L et al. Eur Heart J. 2015;36:1115-22.



hrombus on

prosthetic valve

Stroke

Warfarin vs. Dabigatran with Mechanical Heart Valves

RE-ALIGN

Eikelboom JW, et al. N Engl J Med 2013;369:1206-1214

Heart Valves, Dabigatran and Warfarin Attenuating Mechanical Heart Valve-Induced Thrombin Generation



- Thrombin generated via contact pathway overwhelms safe dabigatran concentration (50 ng/ml)
- Dabigatran concentration of 260 ng/ml needed
- ? Need to give 3m anticoagulation for bioprostheses





Jaffer I, et al. J Am Heart Assoc. 2015;4:e002322 doi: 10.1161/JAHA.115.002322



Pollack et al. N Engl J Med 2017

Connolly et al. N Engl J Med 2016

ESC 2016 AF Guidelines Stroke Prevention in Patients with AF

Recommendations	Class	Level
When oral anticoagulation is initiated in a patient with AF who is eligible for a NOAC (apixaban, dabigatran, edoxaban, or rivaroxaban), a NOAC is recommended in preference to a Vitamin K antagonist.	I	A
AF patients already on treatment with a vitamin K antagonist may be considered for NOAC treatment if TTR is not well controlled despite good adherence, or if patient preference without contra-indications to NOAC (e.g. prosthetic valve).	llb	A



In summary

- NOACs do not require anticoagulation status monitoring (but can be measured)
- NOACs are associated with less strokes and far less intra-cranial haemorrhage
- NOACs are associated with a better quality of life
- NOACs reduce mortality when compared to warfarin
- NOACs have no food-drug interactions and few drug-drug interactions
- NOACs are cost-effective and in many situations cheaper than warfarin
- NOACs are not now recommended in moderate/severe mitral stenosis, but
- NOACs are not now recommended for metallic valves, but new NOACs will be
- NOACs can be easily reversed
- NOACs are recommended over warfarin in ESC AF guidelines
- NOACs are preferred by physicians warfarin will disappear



Evolution in Baseline Treatment for Patients Enrolled in GARFIELD-AF



In view of all of this, I think that we should all agree that:

Novel Oral Anticoagulants Should Replace Warfarin in All Patients with Atrial Fibrillation

